August 2009

August 2009						September 2009									
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Monday	Tuesday	Wednesday	Thursday	Friday
August 3	4	5	6	7
12:00pm TORTELLINI & KIELBASA CASSEROLE, SPINACH, DESSERT, MILK	12:00pm CHICKEN TETRAZZINI,	12:00pm SALISBURY STEAK, POTATOES, GRAVY, VEGETABLES,DESSE MILK	12:00pm BBQ PORK SANDWICH, F.F, VEGETABLES, DESSERT, MILK	12:00pm CHEESE BROCCOLI SOUP, TUNA WRAP, DESSERT, MILK
10	11	12	13	14
12:00pm LASAGNA ROLLS, VEGETABLES, DESSERT, BREAD STICKS, MILK	12:00pm COOKS CHOICE	12:00pm PIG ROAST, POTATO SALAD,DESSERT, MILK	12:00pm GARLIC BEEF STIRFRY, DESSERT, MILK	12:00pm FISH SANDWICH, POTATOES, VEGETABLES, DESSERT, MILK
17	18	19		
12:00pm KIELBASA, SAUERKRAUT, POTATOES, DESSERT, MILK	12:00pm BAKED FISH, HASHBROWNS,VEGE DESSERT, MILK	12:00pm CHICKEN SANDWICH, CHIPS, VEGETABLES, DESSERT, MILK	12:00pm BEEF STEW, BISCUIT, DESSERT, MILK	12:00pm PORK ROAST, POTATOES,VEGETAE DESSERT, MILK
24	25	26	27	
12:00pm ESCALLOPED POTATOES & HAM, VEGETABLES, DESSERT, MILK	12:00pm HAMBURGER STROGNOFF, VEGETABLES, DESSERT, MILK	12:00pm HONEY MUSTARD CHICKEN, RICE, VEGETABLES, DESSERT, MILK	12:00pm TUNA MELTS, POTATOES,VEGETAE MILK	12:00pm BAKED ZITA,VEGETABLES, GARLIC BREAD, DESSERT, MILK
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12:00pm BRAT ON A BUN, POTATOES, VEGETABLES, DESSERT, MILK				

Aging - Nutrition Site Menu

7/28/2009 11:35 AM